
TITLE 830 INDIANA DIETITIANS CERTIFICATION BOARD

Final Rule
LSA Document #15-297(F)

DIGEST

Adds [830 IAC 1-6](#) to establish standards for the competent practice of dietetics. Effective 30 days after filing with the Publisher.

[830 IAC 1-6](#)

SECTION 1. [830 IAC 1-6](#) IS ADDED TO READ AS FOLLOWS:

Rule 6. Standards of Competent Practice

[830 IAC 1-6-1](#) Nutrition therapy services

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5-1-14](#)

Sec. 1. The competent practice of dietetics in providing nutrition therapy services shall include:

(1) interpreting dietary data and recommending nutrient needs relative to medically prescribed diets, including:

(A) tube feedings;

(B) specialized intravenous solutions; and

(C) specialized oral feedings;

(2) identifying food prescription drug interactions; and

(3) developing and managing food service operations, the chief function of which is nutrition care and the provision of medically prescribed diets.

(Indiana Dietitians Certification Board; [830 IAC 1-6-1](#); filed May 27, 2016, 11:52 a.m.: [20160622-IR-830150297FRA](#))

[830 IAC 1-6-2](#) Nutrition assessments

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5-1-14](#)

Sec. 2. The competent practice of dietetics in making a nutrition assessment shall mean the process of obtaining, verifying, and interpreting biochemical, anthropometric, physical and dietary data in order to make decisions about the nature and cause of nutrition related problems. Nutrition assessment is an ongoing, dynamic process that involves not only the initial data collection, but also reassessment and analysis of client or community needs and provides the foundation for nutrition diagnosis and nutritional recommendation including enteral and parenteral nutrition.

(Indiana Dietitians Certification Board; [830 IAC 1-6-2](#); filed May 27, 2016, 11:52 a.m.: [20160622-IR-830150297FRA](#))

[830 IAC 1-6-3](#) Nutrition care process

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5-1-14](#)

Sec. 3. The competent practice of dietetics includes engaging in a nutrition care process that includes using a systematic problem solving method that dietitians use to think critically and make decisions when providing medical nutrition therapy or addressing nutrition related problems and the provision of safe, effective, and high quality care. The nutrition care process consists of the following four (4) distinct but interrelated steps:

(1) Nutrition assessment.

- (2) Nutrition diagnosis.
- (3) Nutrition intervention.
- (4) Nutrition monitoring.

(Indiana Dietitians Certification Board; [830 IAC 1-6-3](#); filed May 27, 2016, 11:52 a.m.: [20160622-IR-830150297FRA](#))

[830 IAC 1-6-4](#) Nutrition care services

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5](#)

Sec. 4. The competent practice of dietetics shall require the provision of nutrition care services that encompass:

- (1) assessing the nutritional needs of individuals and groups to determine what resources and constraints exist;**
- (2) establishing priorities, goals, and objectives that meet nutritional needs and are consistent with available resources and constraints;**
- (3) providing nutrition counseling in health and disease;**
- (4) developing, implementing, and managing nutrition care systems; and**
- (5) evaluating, making changes in, and maintaining appropriate standards of quality in food and nutrition care services.**

(Indiana Dietitians Certification Board; [830 IAC 1-6-4](#); filed May 27, 2016, 11:52 a.m.: [20160622-IR-830150297FRA](#))

[830 IAC 1-6-5](#) Nutrition counseling

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5](#)

Sec. 5. The competent practice of dietetics shall include nutrition counseling by advising and assisting groups or individuals on appropriate nutrition intake by integrating information from the nutrition assessment with information on:

- (1) food and other sources of nutrients; and**
- (2) meal preparation;**

while being cognizant of cultural background and socioeconomic status.

(Indiana Dietitians Certification Board; [830 IAC 1-6-5](#); filed May 27, 2016, 11:52 a.m.: [20160622-IR-830150297FRA](#))

[830 IAC 1-6-6](#) Nutrition diagnosis

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5](#)

Sec. 6. Nutrition diagnosis means identifying and labeling nutritional problems that a licensed dietitian is responsible for treating.

(Indiana Dietitians Certification Board; [830 IAC 1-6-6](#); filed May 27, 2016, 11:52 a.m.: [20160622-IR-830150297FRA](#))

[830 IAC 1-6-7](#) Nutrition intervention

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5](#)

Sec. 7. The competent practice of dietetics requires purposefully planning actions intended to positively change nutrition related behavior, risk factors, environmental conditions, or aspects of health status for:

- (1) an individual;
- (2) an individual's family or caregiver;
- (3) target groups; or
- (4) the community at large.

(Indiana Dietitians Certification Board; [830 IAC 1-6-7](#); filed May 27, 2016, 11:52 a.m.:
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[830 IAC 1-6-8](#) Nutrition monitoring and evaluation

Authority: [IC 25-14.5-2-5](#)

Affected: [IC 25-14.5](#)

Sec. 8. The competent practice of dietetics requires identifying patient or client outcomes relevant to the nutrition diagnosis and intervention plans and goals established for the patient or client and comparing those outcomes with the previous status, intervention goals, or a reference standard to determine the progress made in achieving the desired outcomes or nutrition care and determining whether planned interventions for the patient or client should be continued or revised.

(Indiana Dietitians Certification Board; [830 IAC 1-6-8](#); filed May 27, 2016, 11:52 a.m.:
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